

Programme PRIME PETE Erasmus +

MICRO MODULE DETAILS	
Micro Module Title	Foundations of Primary Physical Education: Values-based Education through Sport and Physical Education
Suggested Number of ECTS	1ECTs
Dimensions Core	D4S2, D4S3; D4C1, D4C2, D4C3;
Dimensions Extended	D4K2; D4S4, D4S5; D4C4, D4C5.
Setting (Online, Hybrid, Offline, Movement Based, Theory Based (Lecture or Seminar))	Theory-based (2 hours) + movement-based lectures (1 hour). The micro-module is predominantly theory based, with 2 hours of face-to-face classroom activities. Anyway, these will be conducted according to active school principles, i.e., with active breaks. Furthermore, 1 practical hour will be conducted in an adequately sized room or in an outdoor space, with small groups of students proposing their own values-based activities.
Short Description	<p>This micro module provides knowledge and favours reflection on positive values in sport and PE, in order to promote education programmes based on these aspects. In the theoretical part of the micro module (2 hours), relevant contents are presented and the pros and cons of sport and PE as “instruments” to vehicle positive values, such as respect, equity and inclusion are discussed.</p> <p>Upon completion of the micromodule, students will know the pros and cons of sport and PE to vehicle positive values and will know how to discuss and manage this topic during PE lessons with children and in talks with parents and with other teachers.</p> <p>In the practical part (1 hour), values-based education activities based on the contents of the Sport values in every classroom toolkit (UNESCO et al., 2019) are organised with students.</p> <p>Although the micro module is also developed through individual and group homework, these were not assigned during the LTT.</p>

MICRO MODULE LEARNING OUTCOMES	
Upon successful completion of this micro module, the student will be able to:	
LO1	Describe the pros and cons of sport and PE to vehicle positive values
LO2	discuss and manage this topic during PE lessons with children and in talks with parents and with other teachers

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Indicative Content (list topics to be covered)

Lecture

Introduction to the topic “Values-based education through sport and PE”:

- Values in sport
- Values in the classroom
- Moral dilemmas in sport
- Definitions of values, character, moral development, life skills, and positive youth development
- True and false myths about values in sport
- The “Sport values in every classroom” toolkit and some take-home messages

TEACHING METHODOLOGIES	
Teaching Methodologies	Face-to-face classroom activities with the use of “traditional” tools, such as slides shows, videos, and videoclips. Thematic discussions among students will also be planned.

FACILITIES: INDOORS AND/OR OUTDOOR
University room with beamer. No specific sport facilities will be needed for this micro module, just a room or an outdoor area with enough space for participants.

MICRO MODULE WORKLOAD		
Type	Learning Outcomes	Total Hours
Lecture		2
Seminar/Workshop/Tutorial		1
Structured Independent Work		
Independent Work		
Total Workload		3

READING
Essential Reading
<ol style="list-style-type: none"> 1. Carraro, A., McCuaig, L., Marino, M., & Gobbi, E. (2017). Values-based education through physical education and sport: A toolkit for teachers. In D. Colella, B. Antala, S. Epifani (Eds.). <i>Physical education in primary school. Researches, best practices, situation</i> (pp. 223-240). Lecce: Pensa MultiMedia. ISBN: 978-88-6760-474-6. 2. UNESCO, OFCH, Agitos Foundation, WADA, ICSSPE, CIEPSS, CIFP (2019). <i>Sport values in every classroom</i>. https://www.wada-ama.org/en/sport-values-every-classroom