

MICRO MODULE DETAILS	
Micro Module Title	Planning and Implementation of Physical Education: Child-appropriate Physical Education
Suggested Number of ECTS	1 ECTS
Dimensions Core	D2S1, D2S2, D2S3
Dimensions Extended	D2K3, D2S6
Setting (Online, Hybrid, Offline, Movement Based, Theory Based (Lecture or Seminar))	Predominantly theory based, with the practical implementation of planned physical education lessons with the student teacher group.
Short Description	This module provides first insights into a physical education curriculum for primary school in a country or jurisdiction. The different areas of a primary physical education curriculum will be presented as main topics in the first, theoretical part of the course (1 hour). Student teachers will have to prepare teaching activities in each curriculum area for the subsequent course. This preparation work will be done in groups and the activities will be implemented in the practical part of the course in a gym (2 hours). A template for lesson preparation will be used to prepare and describe the teaching activities and feedback from peers and the teacher educator will have to be collected during and after the implementation of the activities.

MICRO MODULE LEARNING OUTCOMES	
Upon successful completion of this micro module, the student will be able to:	
LO1	consider the problems of teaching, instruction, and curriculum regarding planning, implementation, and evaluation of physical education classes.
LO2	plan and carry out activities within the framework of physical education classes, considering didactic and methodical principles.

Indicative Content (list topics to be covered)

Introduction to Year 1 Physical Education

Theory-Based Lecture (1 hour)

- course description PE 1
- curriculum primary school
- seminar topics
- assignment seminars

Lesson preparation

Theory-Based Lecture (2 hours)

- Written lesson preparation
- Structure of a lesson
- Didactic-methodical structure grid

Characteristics of good physical education

Theory-Based Lecture (1 hour)

- 8 Characteristics of good physical education according to Ulf Gebken (2005)
- ZEN: Prepare - Develop - Follow-up (Kuhn, 2009)

Programme PRIME PETE Erasmus +

TEACHING METHODOLOGIES	
Teaching Methodologies	Seminars (small group of max. 25 students) with lecture part and practical seminar part in the gym, Group work (preparation of lesson examples that will be implemented by the students in the gym)

FACILITIES: INDOORS AND/OR OUTDOOR
Classroom (lecture part)
Indoor sports hall (practical part)

MICRO MODULE WORKLOAD		
Type	Learning Outcomes	Total Hours
Lecture	LO1	1
Seminar/Workshop/Tutorial	LO1, LO2	2
Structured Independent Work		
Independent Work	LO1, LO2	1
Total Workload		4

READING
Essential Reading
1. Kuhn, P. (2009). <i>Kindgemäße Bewegungserziehung</i> . Bad Heilbrunn: Verlag Julius Klinkhardt.
2. Gebken, U. (2005). Guter Sportunterricht für alle! <i>Qualität im Schulsport; Jahrestagung der dvs-Sektion Sportpädagogik vom 10.-12. Juni 2004 im Landesinstitut für Schule in Soest</i> , S. 234-239.
3. National or jurisdictional curriculum

PRIME PETE

PRIMARY EDUCATION PHYSICAL EDUCATION TEACHER EDUCATION