

MICRO MODULE DETAILS	
Micro Module Title	School Physical and Health Education: Inclusive Primary Physical Education
Suggested Number of ECTs	1 ECTs
Dimensions Core	D1K2; D1S2; D3K1; D3S1; D3S2; D3S3; D3C1; D3C2; D3C3; D4S1; D4S2; D4S4; D4C1; D4C2; D4C3; D5S3; D5C1;
Dimensions Extended	D4C4, D4C5
Setting (Online, Hybrid, Offline, Movement Based, Theory Based (Lecture or Seminar))	Theory classroom (1 hour) + practical in sports hall (1 hour)
Short Description	This module is focused on a complex understanding of quality physical education in primary schools and its implementation. The student will especially get information on teaching methods and strategies in PE with the focus on inclusive physical education. The practical activities will help the student with the demonstration of the inclusive PE practice.

MICRO MODULE LEARNING OUTCOMES	
Upon successful completion of this micro module, the student will be able to:	
LO1	Critically analyse the factors that determine quality physical education
LO2	Identify and apply procedures for the implementation of quality physical education, including inclusive approach in primary PE
LO3	Describe the role of primary education teacher in the process of ensuring quality physical education and promote examples of good inclusive practice in PE

Indicative Content (list topics to be covered)

- Inclusive primary physical education and its implementation
- Examples of inclusive physical activities and games
- Reflection of the inclusive activities and development of own practical examples

TEACHING METHODOLOGIES	
Teaching Methodologies	Theoretical seminar in the classroom and practical seminar in the sports hall, group work (preparation of inclusive activities examples that will be implemented by the teacher students in the gym)

FACILITIES: INDOORS AND/OR OUTDOOR
Classroom and sports hall (Wifi, Bluetooth, White board , Sports equipment for inclusive activities)

MICRO MODULE WORKLOAD		
Type	Learning Outcomes	Total Hours
Lecture	LO1, LO3	1
Seminar/Workshop/Tutorial	LO1, LO2, LO3	1



Structured Independent Work		0
Independent Work		1
	Total Workload	3

READING	
Essential Reading	
Online resources:	
Disentangling Inclusion in Primary Physical Education (2021). https://www.dippe.lu/	
Basic Motor Competences in Europe (2019). http://mobak.info/en/mobak/	



PRIME PETE
PRIMARY EDUCATION PHYSICAL EDUCATION TEACHER EDUCATION