

MICRO MODULE DETAILS	
Micro module Title	Teaching Physical Education: Motor Development, Learning and Implications for Teaching
Suggested Number of ECTS	1 ECTS
Dimensions Core	D1K1, D1K2, D1K3 D2S1, D2S2, D2S3
Dimensions Extended	D1K4, D1K5, D1K6, D1K7, D1S1, D1S2, D1S3, D1C1, D1C2, D1C3, D1C4, D2K1, D2K2, D2K3, D2K4, D2K5 D2S4, D2S5, D2S6, D2S7, D2S8, D2C1
Setting (Online, Hybrid, Offline, Movement Based, Theory Based (Lecture or Seminar))	Hybrid: theoretical and movement base
Short Description	The micro module is specifically focused on motor skill vertical development from Fundamental Motor Skills to specialized motor skills and on problems concerning teaching motor tasks in primary school, levels of motor task complexity, students' improvement, and tasks progression level, and discusses the role of the motor task in the teaching-learning process in the context of children's motor skills.

MICRO MODULE LEARNING OUTCOMES	
<b>Upon successful completion of this micro module, the student will be able to:</b>	
LO1	Identify the biological and social characteristics of motor development in childhood;
LO5	plan and evaluate the learning contents of the PE program in the 1st cycle (5–9-year-olds), ensuring the differentiation of teaching according to the educational needs of children;

**Indicative Content (list topics to be covered)**

- Particularities of the Motor Development and Learning of children between 3 and 10 years old and their implications for the Teaching and Learning of PE.
- PE Curricular Project in the 1st cycle (5–9-year-olds) of basic education: its content and organization.
- Integration of PE in the Curriculum Development Plan for the 1st cycle.

TEACHING METHODOLOGIES	
Teaching Methodologies	Lecture – expositive and reflexive teaching
	Group Work (workshop) - small group of 25 students – Problem solving / debates / discussion
	Real practical lessons with primary pupils in the gym / observation/ discussion

FACILITIES: INDOORS AND/OR OUTDOOR
Lecture room, Workshops room
Gym with adequate material to the 1 <sup>st</sup> cycle national syllabus references

**Programme PRIME PETE Erasmus +**

MICRO MODULE WORKLOAD		
Type	Learning Outcomes	Total Hours
Lecture	LO1 and LO5	1h
Seminar/Workshop/Tutorial	LO1 and LO5	1h
Structured Independent Work		
Independent Work		
Total Workload		2h

READING
<p><b>Essential Reading</b></p> <p>Gallahue, D., &amp; Donnelly, F. (2007). Chapter 2 Childhood growth and motor development. <i>Developmental physical education for all children</i> (4th ed., pp. 24-59). Champaign: IL: Human Kinetics.</p> <p>Gallahue, D., &amp; Donnelly, F. (2007). Chapter 3 Movement skill acquisition. <i>Developmental physical education for all children</i> (4th ed., pp. 50-77). Champaign: IL: Human Kinetics.</p> <p>Graham, G., Holt S. &amp; Parker, M. (2007). <i>Children Moving – A Reflective Approach to Teaching Physical Education</i>. New York: McGraw-Hill. 7<sup>th</sup> Ed.</p> <p>Lubans, D. R., Morgan, P. J., Cliff, D. P., Barnett, L. M., &amp; Okely, A. D. (2010). <i>Fundamental movement skills in children and adolescents</i>. <i>Sports Medicine</i>, 40(12), 1019-1035.</p>


  
**SUPPORT MATERIALS**

[Motor Development, Learning and Implications for PE Teaching - Guiding PowerPoint presentation](#)

# PRIME PETE

PRIMARY EDUCATION PHYSICAL EDUCATION TEACHER EDUCATION