

Characteristics of good physical education for children



PRIME PETE

PRIMARY EDUCATION - PHYSICAL EDUCATION TEACHER EDUCATION



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Characteristics of good physical education for children



- ✓ ... fun
- ✓ ... a "great" teacher
- ✓ ... economic organization
- ✓ ... a lot of individually demanding exercise
- ✓ ... variety of topics
- ✓ ... opportunities and time to play
- ✓ ... opportunities and time to learn and practice
- ✓ ... opportunities and time to try things out
- ✓ ... freedom for self-determination
- ✓ ... reference to life
- ✓ ... security
- ✓ ... prosocial atmosphere
- ✓ ... the promotion of movement safety and self-efficacy
- ✓ ... transparent performance expectations and controls

1. Prepare physical education lessons for children well (1)



Analysis of the context

- perspective of the students
- policy requirements
- outer frame
- previous lessons
- organization and security
- social behavior
- teacher perspective

1. Prepare physical education lessons for children well (2)



Didactic structuring

- ***task analysis***

- formulation of the task
- analysis of the subject structure
- determination of the work steps
- help
- controls

- ***learning status analysis***

- previous knowledge
- methodological competence
- work and social behavior
- content links

- ***work orders***

1. Prepare physical education lessons for children well (3)



- ✓ **Didactic structuring: „didactic hexagon“**
 - clarify the goals
 - justify the topic and classify the content structurally
 - prepare the room structure
 - anticipate the social structure
 - anticipate the plot structure
 - outline the time structure
- ✓ **Written format**

2. Implement physical education for children well (1)



The frame

- formulate the topic
- organize
- communicate
- watch

Striking individual parts

- show, describe, explain, set tasks
- differentiate
- help
- correct
- evaluate

2. Develop physical education for children well (2)



✓ Inconspicuous but important intermediate pieces

- design space
- assess security
- readjust
- motivate
- solve conflicts
- to comfort

in short: be present !

3. Follow up physical education lessons for children well



4. Preparing and following up on physical education lessons for children with children



Kuhn, P. (2009). *Child-appropriate physical education*. Klinkhardt