

The PRIME PETE Self-check tool and feedback report

Go through the following **checklist** and consider whether the dimensions mentioned are part of the PE teacher education at your institution and mark either the **yes** or **no** column.

The dimensions marked no represent **gaps** in the education programme.

Use the two columns on the right to **identify the modules** covering your **identified gaps**.

Visit the pages at the **PRIME PETE website** where the corresponding modules and micro-modules are presented and look at the contents. Download the summary **pdf document** and, if desired, the **teaching materials**.

Adapt the modules to your target group - have fun with them!

Dimension 1: KNOWLEDGE DEVELOPMENT AND MANAGEMENT	Yes	No	Dimension K – Knowledge S- Skills C-Autonomy and responsibility	Modules	
				Core Level	Extended Level
Advanced knowledge and understanding of the development of fundamental movement skills			D1K1	<ul style="list-style-type: none"> – Foundations of Physical Education – Teaching Physical Education – Learning to Move in Water in Physical Education – Subject Leadership in Physical Education 	<ul style="list-style-type: none"> – Teaching Physical Education
Knowledge about children’s overall development			D1K2	<ul style="list-style-type: none"> – Foundations of Physical Education – School Physical and Health Education – Teaching Physical Education – Development and Implementation of Extra Curricular Activities 	<ul style="list-style-type: none"> – Teaching Physical Education
Knowledge of physical activity recommendations for children and young people			D1K3	<ul style="list-style-type: none"> – Foundations of Physical Education – School Physical and Health Education – Teaching Physical Education – Development and Implementation of Extra Curricular Activities 	<ul style="list-style-type: none"> – Teaching Physical Education
Knowledge and understanding of the cultures of physical activity, physical education, and sport			D1K4	<ul style="list-style-type: none"> – Foundations of Physical Education – Development and Implementation of Extra Curricular Activities – Subject Leadership in Physical Education 	<ul style="list-style-type: none"> – Teaching Physical Education
Ability to use basic educational research, and applying existing theories and educational methods, to enhance teaching			D1S1	<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – Pedagogical Project in Physical Education – Theory and Practice of Physical Education – Subject Leadership in Physical Education 	<ul style="list-style-type: none"> – Teaching Physical Education
Ability to arrange pedagogical work in line with policies of an education system and educational theories			D1S2	<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – School Physical and Health Education – Development and Implementation of Extra Curricular Activities – Subject Leadership in Physical Education 	<ul style="list-style-type: none"> – Teaching Physical Education

Ability to use evidence-based educational theories and practices and ignore pseudoscientific claims and programmes			D1S3	<ul style="list-style-type: none"> – Foundations of Physical Education – Pedagogical Project in Physical Education 	<ul style="list-style-type: none"> – Teaching Physical Education
Capacity and autonomy to modify and adapt core educational and curricular policies to pedagogical practice			D1C1	<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – Learning to Move in Water in Physical Education – Inclusive Primary Physical Education – Theory and Practice of Physical Education 	<ul style="list-style-type: none"> – Didactics of Physical Education – Teaching Physical Education
Advanced knowledge and understanding of holistic and learner-focused educational approaches to physical education and health education			D1K5		<ul style="list-style-type: none"> – Foundations of Physical Education – Teaching Physical Education – Inclusive Primary Physical Education
Advanced knowledge and understanding of the role and significance of the body as a means of creative expression and artistic communication through exploration of a wide range of content within physical education			D1K6		<ul style="list-style-type: none"> – Foundations of Physical Education – Teaching Physical Education – Subject Leadership in Physical Education
Advanced knowledge and critical understanding of sociological, philosophical, psychological and pedagogical theories in education and physical education			D1K7		<ul style="list-style-type: none"> – Teaching Physical Education – Pedagogical Project in Physical Education
Capacity and responsibility to integrate key competency development to the physical education programme			D1C2		<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Teaching Physical Education – Subject Leadership in Physical Education
Capacity and commitment to using physical education specific concepts and terminology appropriately			D1C3		<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Educatio – Didactics of Physical Education – Teaching Physical Education – Pedagogical Project in Physical Education – Subject Leadership in Physical Education
Capacity and commitment to critically reflect on educational policies			D1C4		<ul style="list-style-type: none"> – Foundations of Physical Education – Teaching Physical Education – Subject Leadership in Physical Education

Dimension 2: TEACHING, ASSESSMENT	LEARNING	AND	Yes	No	DIMENSION K – Knowledge S- Skills C-Autonomy and responsibility	Modules	
						Core Level	Extended Level
Advanced knowledge and understanding for cross-thematic and interdisciplinary teaching in physical education					D2K1	<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education 	– Teaching Physical Education
Ability to plan and teach quality physical education lessons					D2S1	<ul style="list-style-type: none"> – Planning and Implementation of Physical Education – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – School Physical and Health Education – Teaching Physical Education – Learning to Move in Water in Physical Education – Inclusive Primary Physical Education – Development and Implementation of Extra Curricular Activities – Theory and Practice of Physical Education – Subject Leadership in Physical Education 	
Ability to provide a positive and safe learning environment					D2S2	<ul style="list-style-type: none"> – Planning and Implementation of Physical Education – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – Teaching Physical Education – Learning to Move in Water in Physical Education – Inclusive Primary Physical Education – Development and Implementation of Extra Curricular Activities – Theory and Practice of Physical Education – Subject Leadership in Physical Education 	

Ability to plan long-term and short-term physical education programmes based on students' developmental level and readiness			D2S3	<ul style="list-style-type: none"> – Planning and Implementation of Physical Education – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – School Physical and Health Education – Teaching Physical Education – Learning to Move in Water in Physical Education – Inclusive Primary Physical Education – Development and Implementation of Extra Curricular Activities – Theory and Practice of Physical Education – Subject Leadership in Physical Education 	
Ability to demonstrate correctly, or provide a correct demonstration through a third party, of all major skills and tactics central to the relevant curriculum			D2S4	<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – School Physical and Health Education – Development and Implementation of Extra Curricular Activities – Subject Leadership in Physical Education 	– Teaching Physical Education
Ability to using digital technology for learning and assessment			D2S5	<ul style="list-style-type: none"> – Understanding Physical Education – Didactics of Physical Education – Subject Leadership in Physical Education 	– Teaching Physical Education
Advanced knowledge of group dynamics (including conflict management) and student-centred strategies			D2K2		<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – Teaching Physical Education
Advanced knowledge of the national curriculum			D2K3		<ul style="list-style-type: none"> – Planning and Implementation of Physical Education – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – Teaching Physical Education – Learning to Move in Water in Physical Education – Inclusive Primary Physical Education

				<ul style="list-style-type: none"> – Theory and Practice of Physical Education – Subject Leadership in Physical Education
Advanced knowledge and understanding of different motor learning theories, and typical and atypical motor development, and practical consequences			D2K4	<ul style="list-style-type: none"> – Foundations of Physical Education – Teaching Physical Education
Advanced knowledge on how to measure, reflect and evaluate physical education programmes			D2K5	<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – Teaching Physical Education – Subject Leadership in Physical Education
Ability to promote efficient use of movement time			D2S6	<ul style="list-style-type: none"> – Planning and Implementation of Physical Education – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – School Physical and Health Education – Teaching Physical Education – Development and Implementation of Extra Curricular Activities – Theory and Practice of Physical Education – Subject Leadership in Physical Education
Ability to use observation, self- and peer-assessment in physical education lessons and programmes			D2S7	<ul style="list-style-type: none"> – Understanding Physical Education – Didactics of Physical Education – School Physical and Health Education – Teaching Physical Education – Development and Implementation of Extra Curricular Activities – Theory and Practice of Physical Education – Subject Leadership in Physical Education
Ability to use teaching skills to support learning in different learning environments			D2S8	<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Teaching Physical Education – Development and Implementation of Extra Curricular Activities – Subject Leadership in Physical Education

Capacity and commitment to cooperate with other teachers and develop school curricula based on reflection			D2C1	<ul style="list-style-type: none"> – School Physical and Health Education – Development and Implementation of Extra Curricular Activities 	<ul style="list-style-type: none"> – Foundations of Physical Education – Teaching Physical Education
Capacity and commitment to using different teaching strategies and model-based teaching in physical education lessons			D2C2		<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – Teaching Physical Education – Subject Leadership in Physical Education
Analyse and critique playgrounds, outdoor areas and parks as places for learning in physical education			D2C3	<ul style="list-style-type: none"> – School Physical and Health Education – Development and Implementation of Extra Curricular Activities 	<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Subject Leadership in Physical Education

Dimension 3: LEARNER POTENTIAL, CREATIVITY	EMPOWERMENT, DIVERSITY AND	Yes	No	Dimension K – Knowledge S- Skills C-Autonomy and responsibility	Modules	
					Core Level	Extended Level
Advanced knowledge of inclusion principles and practices			D3K1	<ul style="list-style-type: none"> – Foundations of Physical Education – Inclusive Primary Physical Education – Subject Leadership in Physical Education 		
Ability to support learners in identifying own strengths and setting goals to build on these			D3S1	<ul style="list-style-type: none"> – Foundations of Physical Education – School Physical and Health Education – Development and Implementation of Extra Curricular Activities 		
Ability to work together with special education professionals, and adapt learning tasks to the individual needs of the students			D3S2	<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – School Physical and Health Education – Inclusive Primary Physical Education – Development and Implementation of Extra Curricular Activities – Subject Leadership in Physical Education 		
Capacity and commitment to support the learning and development of all students regardless of their ability levels			D3C1	<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – School Physical and Health Education – Inclusive Primary Physical Education – Development and Implementation of Extra Curricular Activities – Subject Leadership in Physical Education 		
Capacity and commitment to motivate, inspire learners and support their empowerment			D3C2	<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – School Physical and Health Education – Inclusive Primary Physical Education 		

				<ul style="list-style-type: none"> – Development and Implementation of Extra Curricular Activities – Subject Leadership in Physical Education 	
Capacity and commitment to create situations and climates in which learners increase their self-esteem and confidence			D3C3	<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – School Physical and Health Education – Inclusive Primary Physical Education – Subject Leadership in Physical Education 	
Advanced knowledge and commitment to the application of the concept of the student as an active learner, thinker, mover and problem solver engaging with the content of the physical education curriculum			D3K2		<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – Subject Leadership in Physical Education
Advanced knowledge and understanding to recognise and differentiate healthy competitive and non-competitive concepts			D3K3		<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Foundations of Physical Education – Didactics of Physical Education
Advanced knowledge of school counselling processes and of how to advise students (and their families/guardians) to develop learners' resources			D3K4		
Ability to build upon students' previous experiences, active participation, and creativity			D3S3	<ul style="list-style-type: none"> – School Physical and Health Education – Development and Implementation of Extra Curricular Activities 	<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – Development and Implementation of Extra Curricular Activities – Subject Leadership in Physical Education
Ability to design autonomy supported learning environment, and mastery learning			D3S4		<ul style="list-style-type: none"> – Foundations of Physical Education – Subject Leadership in Physical Education
Ability to motivate students to practice sport activities in collaboration with peers, families and sport coaches			D3S5		<ul style="list-style-type: none"> – Foundations of Physical Education – Development and Implementation of Extra Curricular Activities

Ability to support students learning through an examination of a range of resources and equipment related to teaching physical education			D3S6		<ul style="list-style-type: none">– Understanding Physical Education– Foundations of Physical Education– Didactics of Physical Education– School Physical and Health Education– Development and Implementation of Extra Curricular Activities– Subject Leadership in Physical Education
--	--	--	------	--	--

Dimension 4: VALUES, SOCIAL LEADERSHIP AND COMMUNICATION	Yes	No	Dimension K – Knowledge S- Skills C-Autonomy and responsibility	Modules	
				Core Level	Extended Level
Advanced knowledge and understanding as to how physical activity can be promoted in the whole-school context			D4K1	<ul style="list-style-type: none"> – Active School Models – Foundations of Physical Education – Development and Implementation of Extra Curricular Activities 	
Ability to communicate effectively both verbally and nonverbally			D4S1	<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – School Physical and Health Education – Inclusive Primary Physical Education – Development and Implementation of Extra Curricular Activities – Theory and Practice of Physical Education – Subject Leadership in Physical Education 	
Ability to promote ethical behaviour in learners and foster a culture of valuing diversity within the classroom setting			D4S2	<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – School Physical and Health Education – Inclusive Primary Physical Education – Development and Implementation of Extra Curricular Activities – Subject Leadership in Physical Education 	
Ability to reflect on personal capacity, qualities and competencies as a subject leader in physical education			D4S3	<ul style="list-style-type: none"> – Foundations of Physical Education – Development and Implementation of Extra Curricular Activities – Subject Leadership in Physical Education 	
Capacity and commitment to the healthy development of primary school students			D4C1	<ul style="list-style-type: none"> – Active School Models – Understanding Physical Education – Foundations of Physical Education 	

				<ul style="list-style-type: none"> – Didactics of Physical Education – School Physical and Health Education – Development and Implementation of Extra Curricular Activities 	
Capacity and commitment to respect different values, when interacting with people in contexts of diversity (social, ethnic, economic, political) and learn from that diversity			D4C2	<ul style="list-style-type: none"> – Foundations of Physical Education – School Physical and Health Education – Inclusive Primary Physical Education – Development and Implementation of Extra Curricular Activities – Subject Leadership in Physical Education 	
Capacity and commitment to adhere to children’s rights			D4C3	<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – School Physical and Health Education – Inclusive Primary Physical Education – Subject Leadership in Physical Education 	
Advanced knowledge of ethical and professional standards, including knowledge about the constitution of appropriate relationships with learners			D4K2	–	<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – Subject Leadership in Physical Education
Ability to create situations for recognising and understanding fair-play			D4S4	–	<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – School Physical and Health Education – Development and Implementation of Extra Curricular Activities – Subject Leadership in Physical Education
Ability to organise extracurricular activities, and other educational events in response to social need			D4S5	–	<ul style="list-style-type: none"> – Foundations of Physical Education – Development and Implementation of Extra Curricular Activities
Capacity and commitment to take responsibility to promote and/or initiate teamwork among learners			D4C4	<ul style="list-style-type: none"> – School Physical and Health Education 	<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – Development and Implementation of Extra Curricular Activities – Subject Leadership in Physical Education

Capacity and commitment to work with external providers to support learning in physical education			D4C5		<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – Subject Leadership in Physical Education
Capacity and commitment to promoting responsible and critical use of social media and communication technologies among learners			D4C6		<ul style="list-style-type: none"> – Foundations of Physical Education – Development and Implementation of Extra Curricular Activities

Dimension 5: DEVELOPMENT AS REFLECTIVE PROFESSIONALS AND LIFE-LONG LEARNERS	Yes	No	Dimension K – Knowledge S- Skills C-Autonomy and responsibility	Modules	
				Core Level	Extended Level
Capacity and commitment to actively advocate for physical education in the school and beyond			D5C1	<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – School Physical and Health Education 	
Capacity and commitment to make use of colleagues, professional organisations and resources to develop as a reflective practitioner			D5C2	<ul style="list-style-type: none"> – Foundations of Physical Education – Didactics of Physical Education – Pedagogical Project in Physical Education – Development and Implementation of Extra Curricular Activities 	
Capacity and commitment to “cultural literacy” to support students coming from other cultures			D5C3	<ul style="list-style-type: none"> – Foundations of Physical Education – School Physical and Health Education – Development and Implementation of Extra Curricular Activities – Subject Leadership in Physical Education 	
Advanced knowledge of main sources of information that permit teachers to stay updated with general and physical education-related educational research and developments			D5K1		<ul style="list-style-type: none"> – Active School Models – Foundations of Physical Education – Pedagogical Project in Physical Education – Subject Leadership in Physical Education
Ability to critically examine educational research and developments (publications, events, resources, etc.) in search of solutions for challenges experienced in own classroom			D5S1		<ul style="list-style-type: none"> – Foundations of Physical Education – Didactics of Physical Education – Pedagogical Project in Physical Education – Subject Leadership in Physical Education
Ability to develop adequate coping strategies, social support or preventive identification and influencing of stressors in the private and professional context			D5S2		<ul style="list-style-type: none"> – Foundations of Physical Education – Development and Implementation of Extra Curricular Activities

Ability to promote health and wellbeing concept by supporting active reflection about their job			D5S3		<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – Development and Implementation of Extra Curricular Activities – Subject Leadership in Physical Education
Capacity and commitment to critically reflect and work on consistency of own personal and professional identity			D5C4		<ul style="list-style-type: none"> – Understanding Physical Education – Foundations of Physical Education – Didactics of Physical Education – Pedagogical Project in Physical Education – Development and Implementation of Extra Curricular Activities – Subject Leadership in Physical Education
Capacity and commitment to identify opportunities for collaboration and professional dialogue where teachers can develop networks, undertake peer observations and engage in collaborative professional learning			D5C5		<ul style="list-style-type: none"> – Understanding Physical Education – Didactics of Physical Education – Foundations of Physical Education – Pedagogical Project in Physical Education – Development and Implementation of Extra Curricular Activities
Capacity and commitment to ongoing professional development through the design of a professional development plan to guide growth as a physical education teacher			D5C6		<ul style="list-style-type: none"> – Foundations of Physical Education – School Physical and Health Education – Pedagogical Project in Physical Education – Development and Implementation of Extra Curricular Activities